



on HEALTH & WELLNESS for FAMILIES



CHILD DEVELOPMENT

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With an Improving Understanding of MCH grant, Family Voices IMPACT works to develop ways to improve health and wellness for all children and families, and to encourage partnerships between families and professionals for children's good health.

www.familyvoices.org and www.brightfuturesforfamilies.org.

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Babies at 6-9 Months Know More Than We Thought!

Sometimes the researchers get it wrong! They used to think that babies learn their native language first by learning the sounds of consonants and vowels. They thought that learning to understand words, rather than just the sounds, didn't happen until 9 to 15 months.

A new study shows that babies as young as 6 months are already learning the meaning of words. Researchers showed babies sets of pictures and their parent named the object in each picture. The babies looked at the right picture, showing they understood the word.

To read a summary of this study, go to: www.pnas.org/content/early/2012/02/07/1113380109.abstract

PBS Parents Website Provides a Wealth of Information

You can find lots of tips to help build your child's vocabulary and early reading skills at: www.pbs.org/parents/readinglanguage/. You'll also find information on child development, food and fitness, and even PBS Kids theme birthday party ideas.

There's also information on Children with Disabilities here: www.pbs.org/parents/disabilities/, and on another website for children with learning disabilities or ADHD at: www.ldonline.org/parents

Amazing Me—It's Busy Being 3!

Here's a new book from the Centers for Disease Control and Prevention (CDC) for families with a busy 3-year-old. Amazing Me follows an amazing day in the life of Joey, a busy 3-year-old kangaroo. Parents can learn the typical milestones for this age as well, and information at the end about how to encourage healthy growth and development. You'll also find a list of reasons for concern. For information on downloading an interactive version, or a pdf version, or how to order free hard copies, go to: www.cdc.gov/ncbddd/actearly/amazingme.html

